# OXYGEN DIFFUSION DYNAMICS WITHIN THE INTERVERTEBRAL DISC A NANOSCALE AGENT-BASED MODEL 

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## Introduction

The intervertebral disc is the biggest avascular structure of the human body. In its central tissue, the Nucleus Pulposus (NP), a low amount of oxygen $\left(\mathrm{O}_{2}\right)$ molecules diffuses from the Cartilage Endplates, which separate the NP from the closest blood supply [1]. $\mathrm{O}_{2}$ has a low solubility and travels through a tissue with only 4000 cells $/ \mathrm{mm}^{3}$. Hence, we hypothesize that $\mathrm{O}_{2}$ molecules can travel through the extracellular matrix without being metabolized.

## Methods

A 3D Agent-based (AB) model (Netlogo, v6.0.2) of a volume of $\sim 1.1 \times 10^{-3} \mathrm{~mm}^{3}$ with $2 \times 10^{6}$ patches was equipped with a corresponding amount of 4 NP cells and a physio-logical volume fraction of $21 \%$ of extracellular matrix, mainly Aggrecan (Agg) and Collagen (Col) (Fig. 1). A representative amount of $300 \mathrm{O}_{2}$ agents was distributed within the model, allowing to diffuse at 3 $\mu \mathrm{m} / \mathrm{s}$ [2]. $\mathrm{O}_{2}$ travelled through Agg with a $50 \%$ reduced speed, while Col was considered as obstacle.


Figure 1: AB model and parameters; cells in semitransparent ECM. Left: $O_{2}$ molecules (oversized, blue) within ECM. Directed diff of $\mathrm{O}_{2} . \mathrm{N}$ : number

To define the molecule dynamics, we assumed: (i) an axial directed diffusion (d.diff, blue arrows, Fig. 1) caused by the metabolism of $\mathrm{O}_{2}$ by the cells in the center of the NP; (ii) a reactivity layer (r.layer) around each cell due to its metabolism. r.layer was either the cell radius $(\sim 8 \mu \mathrm{~m})$ or the cell diameter $(\sim 16 \mu \mathrm{~m})$. Within r.layer, $\mathrm{O}_{2}$ was attracted towards the cell. d.diff varied between maximal ( $100 \%$ ), i.e. straight downwards movement, and minimal ( $0 \%$ ), i.e. total random movement. According to the r.layer and d.diff variations, six $\mathrm{O}_{2}$ reactive transport cases of 1 h ( 3600 timesteps) were simulated (Tab. 1). Each case was run three times.

| Case: | 1 | 2 | 3 | 4 | 5 | 6 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| r.layer $(\mu \mathrm{m})$ | 8 | 8 | 8 | 16 | 16 | 16 |
| d.diff $(\%)$ | 20 | 50 | 80 | 20 | 50 | 80 |

Table 1: six conditions (con): r.layer; two sizes, d.diff;
three intensities.

## Results and Discussion

Compared to $50 \%$ d.diff, $80 \%$ d.diff did not lead to higher average or maximal travel distance. However, $\mathrm{O}_{2}$
metabolism decreased at higher d.diff. High r.layer and low d.diff (Case 4) led to only $\sim 12 \%$ free $\mathrm{O}_{2}$ and less than 2 mm average travel distance (Tab. 2).

| Case | 1 | 2 | 3 | 4 | 5 | 6 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Avg td <br> $(\mathrm{mm})$ | 1.96 | 4.34 | 3.57 | 1.88 | 4.34 | 3.33 |
| Max td <br> $(\mathrm{mm})$ | 2.04 | 4.58 | 4.70 | 2.02 | 4.53 | 4.68 |
| Met $\mathrm{O}_{2}$ <br> $(\%)$ | 57.8 | 47.8 | 20.6 | 88.1 | 70.6 | 41.7 |

Table 2: Average (avg); maximal (max) travel distance (td) and metabolized (met) $O_{2}$ per condition
Less directionality is associated with reduced diffusion distances. Interestingly, case 5 (Tab. 2) coincides with results of an FE mechanotransport model, where at roughly 4 mm depth, the amount of metabolized $\mathrm{O}_{2}$ was around $65 \%$, according to Fick's diffusion law [3]. Residual $\mathrm{O}_{2}$ seems in case 5, however, high, considering that $\mathrm{O}_{2}$ tension can be as low as $1 \%$ in large discs [4]. Hence, a prudent interpretation of transport models using partial differential equations in homogenized continua might be reasonable, since Fick diffusion possibly overestimates the probability of $\mathrm{O}_{2}$ to reach cells in the center of the NP.
Beta-testing was performed to approximate experimental measurements in canine NP [1] that have a $\sim 3$ fold higher cell density. Using Case 1 (Tab. 1), the model predicted $2.9 \pm 0.7 \%$ residual $\mathrm{O}_{2}$ after 1.95 mm , while experimentally measured $\mathrm{O}_{2}$ tension was found to be as low as $\sim 4 \%$ of initial tension after 2 mm travel distance. To our knowledge, this is the first nanoscale AB model that tackles molecular dynamics within the NP . On the one hand, the AB model simulates the probability of an $\mathrm{O}_{2}$ molecule to reach a cell and can approximate measurements. On the other hand, in the AB model, the fact that $\mathrm{O}_{2}$ travels over increased distances with d.diff higher than $50 \%$, does not mean that the molecule reaches a NP cell along the way, in contrast to what continuum diffusion models with axial concentration gradients would calculate [3]. Hence, we might expect that NP cells see less $\mathrm{O}_{2}$ than continuum models have described previously

## References

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