

Abstract care 4

Born in Belgium Professionals, a shared platform for integrated care.

Pregnancy is a vulnerable period where attention to psychosocial well-being is of great importance and a window of opportunity to target those vulnerabilities. Born in Belgium Professionals is a project of the National Institute for Health and Disability Insurance (NIHDI) that aims to tackle down these issues. With more than 100 organisations a shared digital platform was developed that maps the psychosocial needs by means of a psychosocial assessment questionnaire. It proposes customized care offers and offers an overview of the care providers involved. Moreover, the platform facilitates referrals through integration with databases of the NIHDI, Social Brussels, Social map Flanders,...

The psychosocial assessment consists of 22 items that focus on 13 indicators: communication, place of birth, residence status, education, occupational status, partner's occupation, financial situation, housing situation, social support, depression, anxiety, substance use and domestic violence.

More than 1,600 files (n=1634) were created in the Born in Belgium Professionals platform in September 2022. 99.7% (n=1629) of pregnant women gave their consent to start a file. 95.5% (n=1490) of the files went all the way through the questionnaire. In most cases (98.5%, n=1605), a file was opened based on the woman's national register number. Of the 1601 women, 49.3% (n=790) were from the Brussels Capital Region, 49.2% (n=788) from Flanders, 1.3% (n=21) from Wallonia. The screening results of 1300 cases showed that 21.9% of women scored positive on at least one indicator, 18.1% on three indicators, 6.4% on five indicators.

Further results will be reported in the future as well as thorough implementation analysis of the use of the platform along with barriers and facilitators to its use in practice. This will allow us to develop appropriate implementation strategies.